



LIVE GUILT FREE

BY BOUNDLESS LIMITS

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BE A FREEDOM FIGHTER

By Richard Curren

**“I’m a freedom fighter, here I come!
I’m a human racer, watch me run!
I’m a pain reliever; I’m a firm believer,
I’m a freedom fighter, here I come!”**

(By Steve Jones, Freedom Fighter,
Fire & Gasoline 1989 MCA Records)

I am a rocker at heart, I have to admit. The soul and the passion of the songs have always moved me. The sound of guitars and drums, crunchy power chords and lyrics you can barely understand. Wow! Whether I am working out, practicing martial arts, or just cleaning out the garage, the stuff is great to keep you moving along quick and pumped up.

Oddly though, a lot of the time, as I listen to these songs I hear lyrics that motivate or inspire me in my Christian walk. Sure, some rock is raunchy and not fit for a truck-stop diner after mid-night; however, once in a while a song really speaks to you. My wife and I have been very motivated by Nickelback’s “If Today Were Your Last Day”, and I really am moved by Van Halen’s “Right Now” and “Dreams”. These songs speak of purpose and passionate living, something Boundless Limits is a champion of for all God’s people. The lyrics quoted above are from a song that by far moves me the most. I hear it like a mandate from God for my life. I actually see it as a mandate for every Christian’s life. The powerful image of a Freedom Fighter in the army of God was enough to have me change the name of this page from the Warrior’s Edge to the Freedom Fighter. Let me break it down for you.

“I’M A FREEDOM FIGHTER, HERE I COME!”

“The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to preach good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners..”

Isaiah 61:1-3 and Luke 4:17-19 (NIV)

One of the most beautiful aspects of Christianity is the gift of God’s forgiveness of sin and freedom from the curse of eternal damnation. Equally wonderful is the knowledge that God tells us that nothing can stop us when we are walking in His path on His appointed calling. He offers freedom from addiction, sin, suffering, and pain. All we have to do is ask and believe that He will act in our lives, and He will.

Our mandate is Christians is to liberate others of their bondage to sin and death. The Special Forces motto is “De Opresso Liber”, Latin for “to free the oppressed”. It is our motto also as it is what God calls each of us to do. We are to spread His gospel to those willing to hear, and rescue the hostages of Hell right out of Satan’s grip. Hooah! We do this every time we share our faith with someone. When they decide to surrender their life to Jesus Christ they are rescued just the same as if we kicked in a door and took them out under enemy fire. And we do face an enemy every day, the Father of Lies as the bible calls him. Satan. And he does not fight fair or give up easily.

“It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.”

Galatians 5:1

Freedom fighting is also mission work, tithing, offerings, prayer, and service to others. It is anything we do to thwart the efforts of Hell.

“I’M A HUMAN RACER, WATCH ME RUN!”

“I have fought the good fight, I have finished the race, I have kept the faith.”

2 Timothy 4:6-8

Paul exhorted “I have finished the race”..... This is what we must also do. We do this in the consistency of our service to the Lord and our fellow man. This is also an admonishment that we are not to be sluggards, physically or spiritually. Physically, we must strive to take care of our health and fitness so that we are able to excel and achieve. Health leads to long life. We are much more effective for God above ground than we are below. Fitness assures us that we are able to endure the stresses that often accompany faith. Prayer and ministry can be exhausting at times. Serving others can also be taxing upon us as demands can increase in certain seasons of life. When my wife was seriously ill it was my fitness and health that kept me sharp and able to focus on the decisions that needed to be made and the late hours that the situation required.

“Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize.”

1 Corinthians 9:23-25

Spiritual sluggishness is just as bad. Faith is a lot like bathing. Neither is permanent. To be a spiritual person is to be disciplined and ready. It is to spend time memorizing the function of your weapon system, the Word of God. It is to consistently seek the will of God in His Word, in prayer, and in wise council. God expands our horizons only as far as we can handle the expansion. He will not elevate us beyond the level we are able to bring glory to Him. To reach new heights is to spend time in preparation for the next level. In time God will see your faithfulness, and your readiness, and He will reward you with even greater responsibility. When, and only when, He sees you are ready.

“Again, if the trumpet does not sound a clear call, who will get ready for battle?”

1 Corinthians 14:7-9

“I’M A PAIN RELIEVER; I’M A FIRM BELIEVER,”

“An anxious heart weighs a man down, but a kind word cheers him up.”

Proverbs 12:24-26

My favorite verse is this one. As Christians we are called to be pain relievers. We are the ambassadors of Heaven here on Earth. As such we are to represent the Kingdom of God in how we help those around us. Pain can come from a physical ailment, but, often it is an internal longing or hurt. It is the wounds suffered from the words of others. It is the loss of drive after a stinging defeat. It is the loss of trust in others after a hurtful betrayal. Pain relief for most people in the world is a simple, kind word. A moment of encouragement. A second chance. World renowned motivator Zig Ziglar once said there are one billion people who go to bed hungry every night, but, there are four billion who go to bed hungry for a simple kind word. Yes, pain is relative. They can make pills to take away physical pain. I have spent thousands on those. But there is no pill that will take away the pain that you feel on the inside. The one in the heart. Study Jesus long enough and you will see that He was kind and spoke as much to the inner man as He did to the affliction of the person He was healing.

“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.”

Colossians 3:11-13

Being a firm believer is the hardest of these lyrics because it takes the most work. Firm believers work on their faith like Navy SEALs hone their battle craft. Train and test, then start over again until the task is mastered. Faith is honed in the Word of God, and on the spiritual battlefield of life.

“because you know that the testing of your faith develops perseverance.”

James 1:2-4

When I was at Fort Benning, the instructors had a unique way of ensuring that we had faith in our Nuclear/Biological/Chemical warfare equipment. We tested it in a live environment! To prove to us recruits that the masks we wore were capable of protecting us in a chemical attack they herded all of us into a very small gas chamber filled with a compound called CS gas. This is the stuff they use on riots and in hostage situations to flush out the bad guys. Won’t kill you, but you wish you were dead! Your eyes burn, your throat burns, you throw up viciously. Now when you get into the chamber, you think you are a little uncomfortable. Your skin tingles, your eyes itch a little, and you taste a little smoke. This goes on for a few minutes. Then they tell you to take off that mask, take a breath, and say your name, rank, and social security number. Trust me; you never even make it to your last name before all the world explodes in pain and nausea. Yeah, that mask really does work! And, more importantly, so does your faith in the mask should you ever need it.

God does the same exercise with us. A little itch, a little smoke. Then, He lets you see that He is really in charge and you are safe in His care. You have to trust in God. He will never give you beyond that which you can handle. Ever. He always has a plan.

“I’M A FREEDOM FIGHTER, HERE I COME!”

Final verse, same as the first. We must never forget that we are soldiers in the army of the King. Freedom Fighters of the highest calling. As such, we are always moving forward. In combat, moving forward is the only way to seize and hold ground. We must deny the enemy of the use of the terrain. That terrain is everywhere. Our homes, our schools, our places of work, even our churches. The entire realm we live in is contested ground. As Freedom Fighters it is our duty to stand our ground, dig in deep, and never, ever give up.

As I move forward in ministry, this Freedom Fighter mentality will be my driving force. Soldiers never give up. They never leave a fallen comrade, ever. We must follow these same tenants in our walk if we are to be effective as Christians. If we don’t train and fight like warriors we not only shame ourselves; we shame our God.

“What does the LORD your God ask of you but to fear the LORD your God, to walk in all his ways, to love him, to serve the LORD your God with all your heart and with all your soul,”

Deuteronomy 10:11-13



Richard Curren is the co-founder and President of Boundless Limits International and Live Guilt Free. Rick’s passion is to speak and motivate others to live to their maximum potential physically, mentally, and spiritually. Through their events and publications, Rick and his wife Tanya are able to inspire others and show that each one has boundless potential to change our world. He is a former United States Army Officer. Rick serves on the Board of Directors for the So Help Me God Project as an Advisor and is a founding Board Member. With a passion for health and fitness, he is a Black Belt in Korean Olympic Tae Kwon Do, and serves as an Associate Instructor for Palmetto Martial Arts School.