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LIVE GUILT FREE

BY BOUNDLESS LIMITS

## WOULD YOUR LIFE'S CAMERA LENS REVEAL YOUR PASSION? By Richard & Tanya Curren

What would someone notice about you if they observed your life through the eye of their camera? Would your life's camera show you living a passionate, fulfilled, content life? Or would someone notice that deep down you are unhappy, frustrated, feeling stuck or barely limping along?

We passionately care about **YOU** living the life that God intended! This is a life where you may not have "everything" you want, but you are at peace. It is a life that you are excited to live and you are living out your passions and dreams doing what you were created to do. **If you are not experiencing a life like this, there is no better time than now to change the direction you are heading.** One of the biggest ways to live trapped in a life of guilt and regret is to continue doing something that makes you miserable. Whether it's staying at a job you hate, living in a state you can't stand, surrounding yourself with negative people that constantly bring you down or constantly searching for that next big high that makes you feel like a winner, none of these things are worth it if at the end of each day you feel like your life is caught in an unending rut.

We have noticed something very significant over the past several months. As we have been traveling, meeting so many new people and filming for our upcoming Scaly Adventures television series, we have entered new worlds and have watched people live out their dreams and pursue their passions. It has gone beyond just talking with others and listening to others describe how and what they do with their lives and it has been very cool to see!

The saying, "the camera doesn't lie," really is true! As we observe others through the lens of our camera, we watch passions and dreams unfold. We can be talking with someone about their job and they will be happy telling us about it, but as soon as we start filming and capture them living out their passion, their whole presence changes.

We fished with a man in Florida who told us that he knew as a very little boy that this was what he wanted to do for his entire life. He is the happiest when he is on the water and can't wait to get out on the sea every single day. You could see this clearly through the eye of the camera! As soon as we were on the water, he was smiling and let us fish and film

## with him all day.

We also fished off the shores of Saint Simons Island with another fisherman who brought his son with us for the day. He shared that he knew that he was created to fish, share his passion with others and pass on his trade to his son. We filmed him on the beach teaching about the ghost crab to his son and ours, and you could see him light up as he shared his knowledge with a younger generation.

We walked through the deep forest of the North Carolina mountains and tracked rattlesnakes with a Naturalist who is passionate about educating others about animals and their patterns. He told us that while he makes very little money, he is completely at peace and looks forward to each day. While we were walking, he saw an incredibly beautiful and rare flower. He stopped and sat down on the ground and did a quick little teaching lesson with our son to let him know how special it was. He lives his life like this – stopping to enjoy the beauty that surrounds him and not living in such a hurry that he misses the joy along the way.

We filmed with a friend who took us out at night to show us how he finds and observes different animals that are misunderstood. Interestingly, he experienced trauma in the military overseas and felt very misunderstood when he returned to the states. He described his experience of solitude and his connection with animals as one that has been very healing for him. You could see his entire countenance change when he jumped out of the car and found a snake that he could teach us about! He was happiest when he could share his passion with others.

As we filmed a music video with a Christian rock band, you could see the passion pour through their hands & voices. They shared how they have stepped out in faith and follow God's will as they use their talents to reach those who may never step a foot in church. When they hit the stage, you could see them light up and shine as they performed a new song they wrote to reach a new generation of children.

And just last weekend we filmed with another Naturalist and Field Herpetologist who left us in awe as we watched him handle extremely venomous cobras and other exotic animals with precision. Even though his job requires constant work and care for his animals and he is often in the blazing sun with gnats and mosquitoes, he wouldn't change it for anything. He lives for working with such amazing creatures and was so excited to share his knowledge with others so they will understand their beauty and purpose.

So you can see how God has taken us into a lot of new territory with a ton of new people! And while we have gained so much knowledge about different species of animals, different career choices and paths people take in life, one of the most moving things we have come away from these experiences with is the reminder that life here is short and it is to be lived with passion and purpose. Watching all of these wonderful people from such varying backgrounds, lifestyles and ways of life has been fascinating because the one common denominator they all have is **PASSION**!

It pours through all they do, and watching it through the lenses of our cameras has been such a great reminder that this is how we want to live. We don't want people to watch us just go through the motions or just make it through each day. The legacy we want to leave is one of transparency. May everything we do point back to the magnificence of our Creator, and may our lives be a reflection of what He has created us to do. This is our desire for **YOU** too!

Another important reminder we have taken away from this experience is to slow down and enjoy the journey. The fishermen, the Naturalist, the snake hunter, the biologist, the diver... all of these amazing and incredible people we have met and filmed over the past several months have reminded us how beautiful life is all around us! We are often in such a hurry to get to the destination that we don't stop to experience the moment or the distraction. On these journeys, often the "distraction" has proven to be a really cool find or adventure we never planned!

And remember this as you live your passionate life: this has nothing to do with money. Almost every person we have filmed with makes very little money at this point, yet they are completely fulfilled and so content. May this be an encouragement to you today, because this has encouraged us greatly. Playing with your children, going on a walk with your spouse, pursuing a dream and then sharing your expertise with someone else – all of these things cost nothing, yet they make the biggest difference in your life and in the world!

Don't ever let your bank account define you! Don't ever let a job you hate hold you back for 30 years until you think you have enough to follow your dreams. And don't ever let anyone else discourage you and talk you out of what you were created to do. Surround yourself with wise, encouraging and excited people who want to see you succeed! Spend time with others who share a similar passion and learn from their experience. Focus on knowing who God and having that close, personal relationship with Him so that you will understand how you were created.

Let your passion shine through all you do as you live your life with no regrets!

God Bless You,

Rick & Tanya Curren













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## **ABOUT THE AUTHORS**



Richard R. Curren III is the co-founder and President of Boundless Limits International, Live Guilt Free and Best Life Strategies. He is the co-author of **ON COURSE: Strategies For Successful Living** and its companion **ON COURSE: Life Application Study Guide**. He is also the producer of several inspirational videos including "*IT'S ABOUT TIME!*", which has been broadcast on television worldwide. He is also the developing producer for Scaly Adventures, a positive influential outreach to children using animals and nature to explore the wonders of God's creation. Rick's passion is to speak and motivate others to live to their maximum potential physically, mentally and spiritually. Through their events and publications, Rick and his wife Tanya inspire others and show that every person has boundless potential to change our world. He is a former United States Army

Officer. Rick serves on the Board of Directors for the So Help Me God Project as an Advisor and is a founding Board Member. With a passion for health and fitness, he is a Black Belt in Korean Olympic Tae Kwon Do, and serves as an Associate Instructor for Palmetto Martial Arts School.



Tanya Curren is the co-founder of Boundless Limits International, Live Guilt Free and Best Life Strategies. She is also the co-author of **ON COURSE: Strategies For Successful Living** and the **ON COURSE Life Application Study Guide**, which has been distributed worldwide. In 2004 Tanya Curren was in a life threatening coma for 8 days as a deadly infection ravaged her body. Given two hours to live, she survived only to face the ordeal of a painful three year recovery. She is the author of **Broken Places**, **The Proverbs Devotion Guide**, **Embracing Change & Conflict**, and several other audio CD's. Tanya and her husband, Rick, are developing producers for Scaly Adventures, a positive influential outreach to children using animals and nature to explore the wonders of God's creation. In her conferences and seminars, Tanya shares with others the life-lessons she learned through her journey to restoration. Tanya travels

and speaks at local, regional and international venues, and is passionate about guiding others to have a personal, real relationship with Jesus Christ. As an active homeschooling mother, she resides with her family in the mountains of South Carolina.